

Active Grindleford

Calling All The Ladies!

Do you want to become more active?

Are you interested in physical activity, sport or the outdoors?

Are you, or might you get involved in running community activities through school, pre school, sports clubs or the carnival?

Fancy a laugh, and a bit of fun?

Women, Get Set, Go!

A course for women aged 16 and over that supports women into sport or activity leadership whether as coaches, leaders, administrators or officials

Grindleford Sports Pavilion, The Bridge Playing Fields
Wednesdays: 20th September, 27th September,
4th October, 7pm – 10 pm
and

Peak District Outdoor Activity
Saturday: 30th September (9am – 1pm)

Cost: £15

(free if you are unemployed, aged 15-69 and have less than a level 2 academic qualification)

For more information or to book a place, talk to Hayley Lever on 01663 751608, or Liz Tiplady on 01433 631985, or email hayley@aitchelle.co.uk

aitchelle ^h

sports development consultancy
01663 751608 hayley@aitchelle.co.uk



sportstrain